# NORTH ORANGE COUNTY COMMUNITY COLLEGE DISTRICT JOB DESCRIPTION

Job Title:	PE/Athletic Therapist	Range:	49
Date Revised:		Date Approved:	April 8, 2003

### PRIMARY PURPOSE

This position is responsible for administering first aid and preventive and rehabilitative treatment to athletes involved in various inter-collegiate sports; and maintaining and operating the campus training room facility.

## **ESSENTIAL FUNCTIONS**

Examples of essential functions are interpreted as being descriptive and not restrictive in nature.

1.	Evaluates and treats injuries; administers emergency first aid to athletes; refers injured athletes to a physician according to established procedures.
2.	Administers rehabilitative treatment as prescribed by a physician to athletes; operates a variety of therapeutic equipment such as whirlpool, ultrasound, therapeutic exercise and other modalities; informs coaches of condition and status of injured athletes.
3.	Establishes strength, flexibility and training programs to promote the prevention of athletic and school-related injuries; recommends protective equipment for injury protection and safety; establishes pre-season health screening for athletes.
4.	Attends athletic events as assigned and administers emergency first aid treatment; tapes ankles, knees, wrists, elbows, shoulders, ribs and other areas of athletes before, during and after practice or games.
5.	Maintains and operates the campus training room facility; cleans and maintains equipment; maintains inventory and orders equipment and supplies as needed.
6.	Selects, designs and fits safety pads and other devices; performs safety-checks of protective equipment; monitors safety factors on playing areas, assuring hazards are eliminated.
7.	Trains and provides work direction and guidance to others as directed.
8.	Counsels athletes regarding injury care, prevention and treatment programs.
9.	Establishes and maintains accurate records and reports including injury and insurance reports and detailed records concerning injuries, treatment and other health matters; processes insurance claim forms for athletic injuries as required.
10.	Learns and applies emerging technologies and advances as necessary to perform duties in an efficient, organized, and timely manner.
11.	Participate in District/College efforts to increase the diversity of faculty and staff and to address student achievement gaps; active assistance in the creation of a welcoming and inclusive work and educational environment; attend and participate in diversity, equity and inclusion trainings and events.
12.	Performs related duties as assigned.

## **OTHER FUNCTIONS**

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## WORKING RELATIONSHIPS

The Athletic Therapist maintains frequent contact with athletes, students, physicians, physical therapists, coworkers and vendors.

## EDUCATION AND EXPERIENCE

#### Minimum Qualifications

Bachelor's Degree from an accredited college required, including courses in Health, Human Anatomy, Kinesiology/Biomechanics, Human Physiology, Physiology of Exercise, and Athletic Training. Sufficient related training and experience to demonstrate the knowledge, skills and abilities listed Commitment to diversity. All applicants must have demonstrated sensitivity to and understanding of the diverse academic, socioeconomic, cultural, disability, gender, gender identity, sexual orientation, and ethnic backgrounds of community college students, faculty and staff. The applicant must be able to demonstrate how their experience with these factors relates to successfully achieving the goals of the position.

#### **Desirable Qualifications**

Prior experience in approaching work and interactions with colleagues and/or students in an equity minded manner. Ability to provide an inclusive and welcoming work/educational environment.

#### KNOWLEDGE, SKILLS, AND ABILITIES

Knowledge of symptoms and treatment for athletic injuries Knowledge of principles of providing training, work direction, education and counseling Knowledge of applicable sections of the State Education Codes and other laws Knowledge of modern techniques of preventive and rehabilitative treatment used in athletics Knowledge of the principles of physiology, kinesiology anatomy and first aid Knowledge and familiarity of equipment, materials and supplies used in team and individual sports Knowledge of proper maintenance, cleaning and repairing techniques for a variety of sports equipment Knowledge of physical fitness, hygiene and safety procedures related to athletic and physical education programs, including taping, bandaging and physical therapy techniques Knowledge of record keeping techniques Ability to evaluate and treat a variety of athletic and school-related injuries Ability to administer advanced first aid and physical therapy Ability to operate a variety of therapeutic, exercise equipment and modalities Ability to tape athletes and apply protective devices and pads Ability to maintain comprehensive records of rehabilitation and injury management Ability to order and maintain supplies and equipment Ability to understand various modalities used in physical therapy and injury rehabilitation Ability to plan, organize and prioritize work Ability to meet schedules and time lines Ability to understand and follow oral and written directions Ability to communicate, both orally and in writing

Ability to establish and maintain effective working relationships with others

## SPECIAL REQUIREMENTS

# A valid California Driver's License

First Aid and CPR Certification issued by the American Red Cross

Athletic Trainers Certification by National Athletic Trainers Association

# TRAINING REQUIREMENTS

Bloodborne Pathogen

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**Utility Cart Certification** 

## WORKING CONDITIONS

Indoor and outdoor athletic and physical education environment; subject to inclement weather and traveling to athletic games; exposure to blood, various cleaning agents including bleach; sharp objects, scissors, scalpels, knives, lifting (up to 50 pounds unassisted), standing, bending, walking and running.